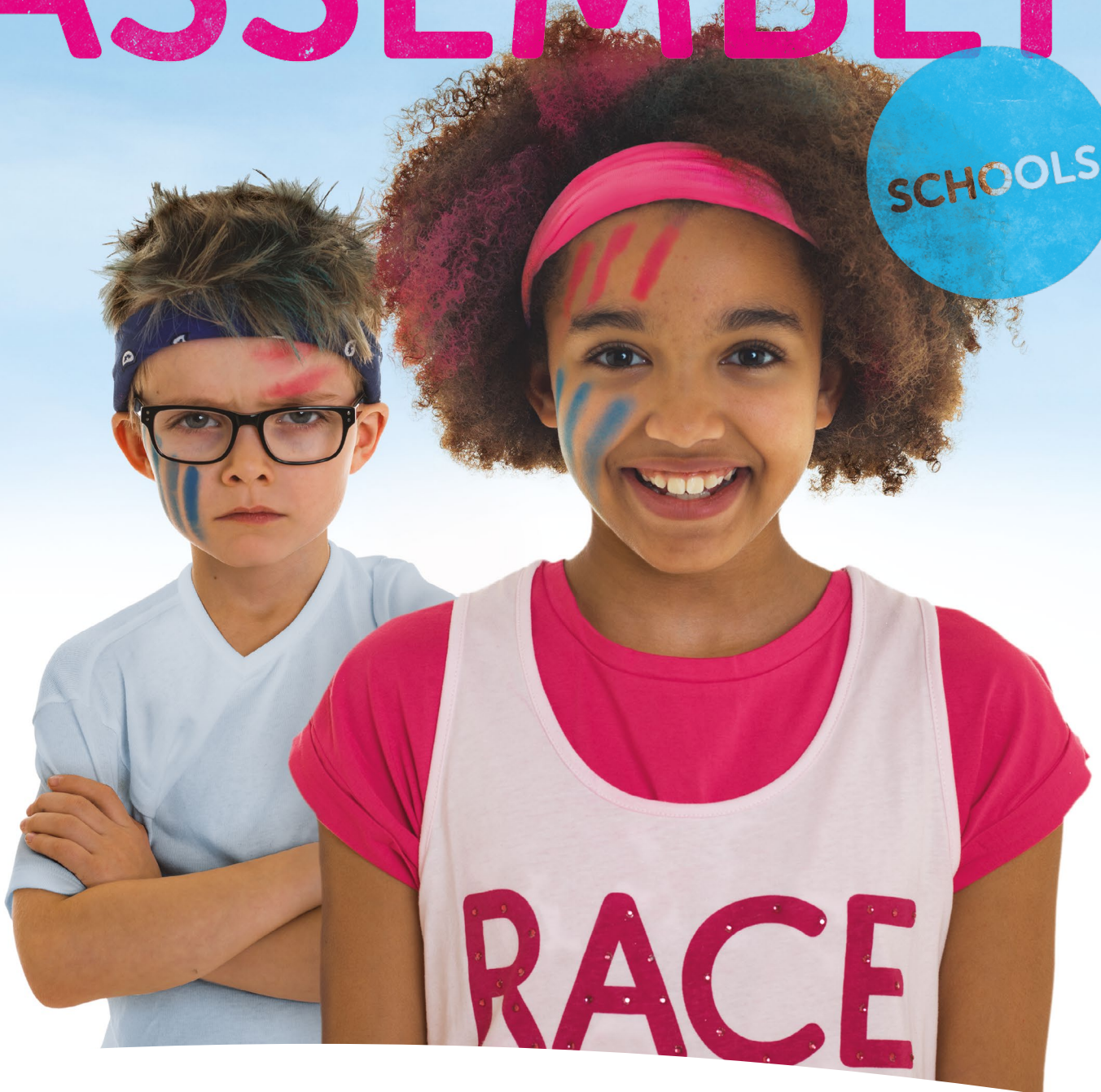


RACE FOR LIFE ASSEMBLY

SCHOOLS



Welcome to the assembly that will help beat cancer sooner. Your pupils – from reception to year 6 – are the generation that could see cures for cancer in their lifetime. So now's the time to learn a little bit about what Cancer Research UK does and why Race for Life is a fun way to support the cause.

[RACEFORLIFE.ORG/SCHOOLS](https://www.raceforlife.org/schools)



ARE YOU READY?

INTRODUCTION (5 minutes)

What Cancer Research UK does and what Race for Life is.

Ask the children to raise their hands if they have heard of cancer. Can they tell you what it is? Then you can explain your own answer, in the simplest terms; how cells sometimes grow faster than other cells in the body. If you want to tell your pupils more about cell growth, you can find more information on our website: <http://www.cancerresearchuk.org/about-cancer/what-is-cancer/how-cancer-starts/cancer-cells>

If there's a teacher at school who has been affected by cancer, you could invite them to share their experience and explain why Race for Life is so important to them – and why we should all take part together.

AND WE'RE OFF!

ACTIVITY (7 minutes)

To bring the event to life and excite your pupils.

You could ask some of the pupils to stand in the background with some test tubes and chemistry equipment, pretending to be scientists – while you explain how important research is.

KEEP GOING

INTERACTION (5 minutes)

To get your pupils involved and bring them closer to the cause.

Ask another teacher to help you, and walk to the front of the hall together with a pot of face paint in your hand. Then, in front of the assembly, smear two lines of face paint either side of your faces.

The other teacher will then explain to the class that we'll all be doing this on our school's Race for Life day. We'll be putting on our face paint, ready for the challenge. Ask the class if they're ready to cheer altogether. They'll countdown 3, 2, 1, CHEER!

YOU MADE IT?

PLENARY (3 minutes)

A final fun activity and call for everyone to be involved.

Ask everyone in the room to get up on their feet and start jogging on the spot – and keep jogging – putting their hands in the air if they want to Race for Life at school. After a minute, stop the jogging and invite any pupils who want to help, or who have any good ideas for raising money, to talk to you after assembly.

Finish by reminding everyone of your chosen Race for Life date.

