

# Your Race for Life back sign

Filling out and wearing your Race for Life back sign is a great way to show others why you're taking part in Race for Life.

Simply download and print this at home to start getting creative! Write the name(s) of people you'd like to dedicate your Race for Life to, use as much colour as you like, or stick/draw images on it.

Once you're done, you can cut along the black dotted lines and safety pin it to your t-shirt for your Race for Life, or place it somewhere you can see it regularly as a motivational reminder.



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